



MAHATMA GANDHI UNIVERSITY
of
MEDICAL SCIENCES & TECHNOLOGY
JAIPUR



MGUMST STUDENT MENTORING POLICY


REGISTRAR
Mahatma Gandhi University of
Medical Sciences & Technology
Sitapura, JAIPUR-302 022

Approved by the Academic Council in its meeting held on December 24, 2020

**Mahatma Gandhi University of Medical Sciences and Technology (MGUMST), Jaipur
reserves the right to modify the above policy as deemed fit from time to time**

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Vision of the University

- To develop MGUMST as an Institution of Excellence, at par with Global standards, in the field of healthcare and allied sciences.
- To amalgamate our colleges, departments, students and alumni to impart world class research and education, aimed at making a positive difference in the healthcare at the national and global level.
- To achieve overall development of learners, including character and moral values, by imbuing a culture of inquisitiveness, inclusion, collaboration and innovation.
- To ensure equality amongst diversity in all respects, reflecting the true Gandhian principles, so that everyone gets a fair opportunity and the best of minds and talent may be recognised and allowed to flourish in the ever-changing competitive environment.

Mission of the University

- To develop dynamic, self-dependent and world class Healthcare Institution dedicated in providing the best medical education and clinical treatment.
- To develop the best healthcare practices in the community, with a spectrum ranging from preventive health measures to excellence in tertiary care, with an aim to establish a healthy, disease-free society.
- To enroll students, staff and faculty in various clinical and non-clinical programs based on the principle of merit and impartiality, and without any discrimination of race, sex, non-disqualifying disability, caste, religion, and national or ethnic origin.
- To utilise the latest technology, as well as, to identify the best possible use of upcoming technology such as Artificial Intelligence to predict, prevent and treat various ailments and illnesses before they affect an individual or the community.



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Student Mentoring Policy

Introduction

Mahatma Gandhi University of Medical Sciences and Technology offers a 'Mentoring System' to cover all students across all years through which a group of 6-8 students are assigned to each member of a group of faculty members at the commencement of their academic program.

Need for the program

After joining the Professional course, students feel alienated; as they are entering into totally new environment plus they have academic pressure. This can lead to a feeling of loss and stresses mount up. There is increasing academic competition, peer pressure, unique adolescent problems, mounting career demand, etc. among the student community. The place where they reach out of their comfort zones has a vast cross cultural, neo-ethnic convergence Mentorship program is support system which will help them overcome all the problems and keep the students focussed on their goal.

A teacher acts as Local Mentor and counsellor to an allocated group of students. Each teacher helps the students to cope up academically, give personal Counselling, extend career guidance, support co-curricular activities, co-ordinate welfare activities, interact with their parents, seek student's involvement in pursuit of college vision and objectives and establish healthy, co-operative and academic ambience in the College.

Objective

The main objective of this mentoring system is to provide a reliable and comprehensive support system, to motivate students to excel in both academic and non-academic fields and to make the most of their life at the university. The mentoring system of Mahatma Gandhi University Of Medical Sciences and Technology ensures that the students adapt to the dynamic learning environment and lead their ways into highly successful careers.





Goal of student mentoring

To help all students involved in the **mentoring** program to gain the skills and confidence to be responsible for their own futures and develop to their full academic and personal potential. Mentor to work with students to support their smooth transition to the University campus life.

Benefits of Mentoring System

- Students get access to a support system during the crucial stages of their academic, professional and intellectual development.
- Enhances the students' confidence and challenges faced by them setting higher goals.
- Offers psychosocial support for the students.
- Helping the students to develop the interpersonal skill.
- Offers the students an exposure to diverse academic and professional perspectives, and experiences in various fields.
- Mentees get a direct access to powerful resources of the institution.
- Offers the foundation for the students to reach greater heights in their professional lives.

Role of Mentors

- Each group of students will remain associated with at least one mentor belonging to their own department. Mentor will play the key role for mentoring their own group of students.
- Mentors must meet their own group of students at least once in a month. They will give their best effort to motivate the students and will advise them about the advantages and importance of classroom teaching.
- Mentors will play the major role in pointing out the slow learners. Mentors will pay special attention for them. This may help the institution reduce the rate of dropout at very initial level. The major criteria for identifying slow learners are their high



school marks, performance in class tests and personal interaction with those students.

- Mentors will help the students to understand the challenges and opportunities present in the college and develop a smooth transition to campus life.
- Mentors will counsel academically backward students and to play an important role in helping troubled students cope with academic, extra-academic and personal problems.
- At the end of each academic session the mentors will submit a brief summary on the status of his mentoring group to the team of core mentoring committee.

Student Mentoring Mechanism

1. Allotment of Mentors to group of students. Each group will be having maximum 10 students.
2. Sensitization of Mentor and Mentee, where separate session for both taken by Medical Education Unit to make them understand how whole process works and what is the role of Mentor and mentee in Mentor – mentee relationship.
3. First date of meeting is assigned by the Medical Education Unit itself to formally introduce mentees to mentor.
4. Mentors and student mentees will meet according to a pre-arranged calendar, as well as per need of the student or the moment. They will be introduced to each other in the first few weeks after admission. Mentors and mentees should meet initially at least once a month. They are encouraged to meet socially periodically to build rapport within the team. Mentees are encouraged to initiate meetings with mentors.
5. The Mentor shall interact with his / her group of students regularly
 - (a) To initiate bridge, remedies and Enrichment Program for academically weak (slow learners), and advanced students.
 - (b) To maintain complete personal data of students and their performance progress.
 - (c) To address various Department related group problems and performances.
 - (d) To periodically interact with parents as to their wards performance.



DO'S (For Mentors)

1. Fix time of Meeting and meet periodically.
2. Know Academic requirements – Help them.
3. Know Personal requirements – Counsel them.
4. Eligible candidate for government and non government scholarship – Guide them.
5. Eligible candidate for government and non government scholarship – Co-ordinate & Direct them.
6. Know their Parents / Guardians – Interact with them.
7. Know College Objective & Goals – convey to Students & Seek their role.
8. Know College Activities – seek their Involvement.
9. For a change – Organize Excursion.
10. With Student, help establish Healthy, Co-operative, Academic ambience in the College.

DON'TS (For Mentors)

1. Not to dictate – rather facilitate.
2. Not to thrust anything upon Students. Give only what they want only if possible.
3. Not to indulge in any activities without prior permission of the Dean.



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